LIFE HAXS®

PATHWAYS TO SUCCESS - PERSONAL & CAREER DEVELOPMENT FOR STUDENTS

Content tailored to Secondary and Tertiary Students of any discipline or faculty.

An Inspired Product.

Presented by Gen-X and Y Entrepreneurs, LifeHaXs® offers a highly engaging and eye-opening series of learning modules that equip students to take ownership of their future. LifeHaXs® presents innovative personal and career development for students of the 21st Century.

LIFE HAXS®

Life Hack

Noun

A phrase that describes strategies and techniques adopted in order to manage one's time and daily activities in a more efficient, productive way.

"I was the most disorganised person ever. With the help of a few life hacks, I now get more done in a day than I used to get done in a week."

LIFE HAXS®

Life hack this proposal in four easy steps!

The options detailed below are flexible: select your preferred options to suit the students' needs.

It's easy as 1, 2, 3, 4...

1

PICK THE TOPICS TO SUIT
Turn the page for topic descriptions

Time Management 101   Networking a Creative's Landscape

Social Media Effects   Dealing with Rejection, like a Pro!

How to Read Minds   ...

There are many more topics and speakers in various other topics like health, finance, productivity.

All you have to do is ask!

2

PICK THE PROGRAM MODEL

MODEL 1
Interactive!
30-45 min presentations by each speaker, followed by a Q&A and activity*

MODEL 2
Lectorials!
1 hour presentations by each speaker on each chosen topic*

Another activity suitable for the students can be coupled with the program.

3

PICK THE TIME TO SUIT

Nominate the Month, Date/s and Time that works for your school/university

4

PICK HOW TO GET IT DONE!

OPTION 1
Split profit of ticket sales, while providing a venue and marketing to your audience.

OPTION 2
Purchase the choice of your topics and market to your audience.

www.inspiredgrp.com.au
get@inspiredgrp.com.au

LIFE HAXS ®

TIME MANAGEMENT 101
Expert: Rashan Senanayake

We all have 86,400 secs in a day. How we use every second is what makes a difference! Understand how you can maximise your time to get more out of each day.

Ever wondered how that 1% of students get good grades, play sports, have a social life and still have time spare to enjoy their favourite TV show? Well it's no big secret, and the best part? It is not something that only the elite of us can achieve. It simply comes down to priorities and what you want. The beauty is, it is something each one of us can start doing to transform our lives to become part of that 1%. Learn the tactics, tips, tricks and the how to on proven productivity techniques to manage your time better.

LEARNING OUTCOME   Understanding how to maximise each day to achieve more.

THE SOCIAL MEDIA EFFECT
Expert: Rashan Senanayake

Get the 'know-how' on using Facebook, LinkedIn and Google safely, to position yourself better for professional development by understanding its benefits and its pitfalls.

Recent Facebook (2016) surveys indicate that Australia is the largest Facebook and LinkedIn user network in the world (nearly 13.5 million+ Facebook users and nearly 5 million LinkedIn users). This learning module educates the students to utlise these vastly used new age social media tools to effectively set up their professional and social development as well as being aware of the pitfalls and danger of social media if used incorreclty.

LEARNING OUTCOME   Understanding of key social media platforms and how to use these tools for professional development, safely.

HOW TO READ MINDS
Expert: Rashan Senanayake
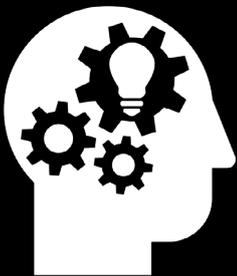
Get the edge on understanding the human psychology behind networking and professional interactions. Build your own system that works with anyone and for any interaction. Learn the 'How to' and execution!

Every industry requires excellent people skills and relationship management to be successful in collaborative environments. The opening learning module specifically focuses on the development and application of models that future professionals can use to understand not only themselves, but also, their peers and colleagues. Become a master of several behavioral models that can be applied in any industry, to assist in the communication of ideas, thoughts and feelings. Get the edge on your competition and become an example of the ultimate young professional - excelling in inter-personal communication while also, excelling in your personal career endeavors!

LEARNING OUTCOME   Understanding DISC profiling and gaining skills and confidence in approaching professionals to establish relationships.

www.inspiredgrp.com.au
get@inspiredgrp.com.au

LIFE HA✗S®

LIVE LIKE A LATE-STAGRAMMER   Expert: David Beamish
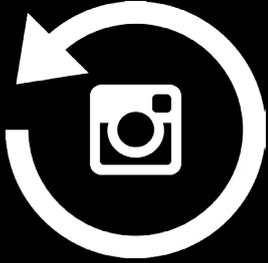
What's the most selfless way to post & curate your passions to share with others, without interrupting your experience of life or relationships from day-to-day? Arguably, presenting your authentic self, preserving your identity, & developing real opportunities via Instagram whilst 'being in the moment' too!

Instagram & Facebook posting has become a common part of life, to the point where it is now socially acceptable to post during meetings, events, even dates. This workshop has three purposes achieved through the techniques covered; delaying the "urgency" of your post each time, posting with gratitude or value-sharing each day, AND turning that new content into a genuine relationship developer.

LEARNING OUTCOME   Students develop an understanding and a practical sense of authenticity and direction with social media posting, to limit psychological negativity, anti-employable posting, bullying, and counter-opportunity communication. They learn to put their best, most-generous foot forward.

NETWORKING A CREATIVE'S LANDSCAPE   Expert: David Beamish
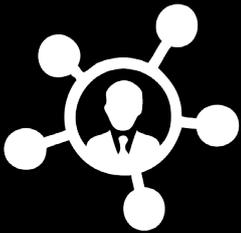
When has the saying "It's all who you know" been more applicable? onnecting authentically and memorably, in social or professional contexts ultimately leverages your passion to the point of becoming your story, without needing to "hard-sell" yourself. Being your authentic self, informed by your passions and driven by your values leads to memorability- people will tell other people about you!

Anyone can contact anyone these days; the skill of actually connecting with another person is now diluted by technology and distraction. In a competitive world now beginning to embrace the creative, the real art is mastering to creatively make contact with someone, hold interest, connect, and reconnect down-the-track; all in a non-intrusive and non-confrontational manner. There are techniques to do this effectively and there is a "diet" to turn yourself into the most remarkable interaction that person will have all week.

LEARNING OUTCOME   Students will understand how to build a relationship and connection with a complete stranger in person or over the phone, in an authentic, agenda-less way. Spanning from a greeting to exchanging names to exchanging stories & anecdotes with empathy to exchanging details.

DEALING WITH REJECTION, LIKE A PRO   Expert: David Beamish

When has fear held you back in adult life from getting something you need or achieving something you truly want? The integral part of self-development is dealing with the fear that comes with change or challenge; instantaneously or progressively. We can learn how to optimise ourselves to deal with each situation better than the last.

Combining a mixture of engaging but gentle risk-taking strategies with cognitive behavioural therapy techniques, the ultimate goal in this workshop is to identify the tools within themselves and those available to them externally that will allow each participant to proactively deal with the social/psychological/professional/creative fear that has held back many in older generations.

LEARNING OUTCOME   Students develop the fundamentals of dealing with rejection, and begin a self-optimising journey to developing their resistance to fear, rejection, and negativity; they will become a part of a current minority who handle their feairs in most or all social, professional, and developmental situations to achieve their own definition of success.

www.inspiredgrp.com.au
get@inspiredgrp.com.au

LIFE HAXS®

INSPIRED
● EDUCATION

RASHAN SENANAYAKE

MArch. Bdes(Arch) Hon 1.

CLICK TO CONTACT

Rashan is a Master of Architecture Graduate from QUT, but what sets him apart to deliver this type of content is his ability to gain a wide range of professional skills/development in a very short period of time.

Rashan graduated in Architecture with first class honours from the Queensland University of Technology in 2011 and completed his Masters in Architecture in the top 10 of his year level in 2012. Rashan has a reputation for his entreprunurial thinking and leading projects in a wide variety of fields and disciplines. They range from Architecture through to Business Development, Fibre Operations and Education.

His delivery of this and similar content to universities around Australia has been widely received in the past and he continues to improve his content to pass on the experience he has gained to the up and coming future professionals.

EXPERTISE Design, Social Media, Education, Self Development, Training, Professional Development

GenGerry
YOUR AUTHENTIC NETWORK BUILDER

DAVID BEAMISH

Bdes(Arch) Hon 2b; Cert III Micro Bus. Ops.

CLICK TO CONTACT

Dave Beamish is an Australian actor, producer, entrepreneur, former architectural professional, and presenter. He presents in a unique & engaging style which offers a creative approach to ordinarily technical concepts and adds a passionate artist's perspective to the team.

Originally from Auckland NZ, Dave grew up in the western suburbs of Brisbane from a young age and studied at the Queensland University of Technology, graduating with honours. He worked in the design industry for 7 years during which he moved to Melbourne in 2015 to continue his creative and entrepreneurial pursuits.

He is now a small-business graduate of the NEIS program, currently has 8 feature film credits, 5 Australian television credits, and runs 3 separate businesses remotely. His most valuable & refined skill is Networking, in all environments imaginable.

EXPERTISE Creativity, Acting, Self Development, Networking, Personal Branding, Goal Setting

LIFE HAXS®

MAXIMISE YOUR STUDENTS' POTENTIAL

Engagement in this futures-orientated series gives students the time to learn and develop strategies to:
1. Understand their potential on the pathways to success.
2. Succeed in a hyper-connected society.
3. Utilise 21st Century social media platforms including Facebook, LinkedIn and Instagram.

Better prepared students
Developing a healthy level of self-awareness and understanding the practical skills essential for success in life after school is often overlooked in the busyness of students' lives. LifehaXs® is an opportunity to equip students with the personal and career development skills needed to build wellbeing and success using 21st Century tools.

Aligned vision
LifeHaXs® is a collaboration opportunity focused on combining the strengths and passions of students/graduates with practical tools in order to prepare leaders of the future.

REQUIREMENTS

It's a Collaboration Opportunity.

A Venue
A suitable in house venue/space with projection and sound facilities.

A Time/Date
An allocated date and timeslot, one evening during the working Semester.

Your help!
Circulation of material and promotion to the student body (material and content will be supplied).

SOME OF OUR PAST DELIVERIES*
*Delivered as the **Black and White Series**™

QUT Queensland University of Technology   THE UNIVERSITY OF QUEENSLAND AUSTRALIA   MONASH University   RMIT UNIVERSITY

NEXT STEP?

Click on FIND OUT MORE on our Website and follow the prompts.

LIFE HAXS®

PATHWAYS TO SUCCESS - PERSONAL & CAREER DEVELOPMENT FOR STUDENTS

www.inspiredgrp.com.au
BECOME THE ARCHITECT OF YOUR OWN FUTURE